

‘SAY IT WITH ZINES’ YOUTH EXCHANGE

ABOUT THE PROJECT

‘Say it with Zines’ will give us the opportunity to create an environment where young people with various background and from different parts of Europe can discuss the important role of the freedom of speech in nowadays society. The right to express one’s opinion without censorship is particularly important and sensitive topic for young people, as the social media have brought a certain amount of hate speech delivered by anonymous users. Young adults are among the earliest social media adopters and continue to use these sites at high levels.

‘Say it with Zines’ youth exchange will be carried out in the course of 8 consecutive days. During the youth exchange the participants will learn how to make fanzine where they can share their ideas with the world and will claim their rights to express themselves freely with respect and tolerance towards each other. Our goal is to create a fanzine in which the spirit of communication and freedom from hate speech reaches as many people as possible and acts as a tool for social change and an example to follow.

Arrival Date: **21 October 2018**

Youth Exchange Activities Dates: **22 October – 29 October 2018**

Departure Date: **30 October 2018**

AIMS AND OBJECTIVES:

- To promote global dialogue based on tolerance and respect;
- To provoke critical thinking and to stimulate youth activism and engagement in order to improve the system of the society we live in;
- To restrict hate speech on social media platforms and in any media in general;
- To establish links between the different cultures and to promote cultural diversity;
- To generate a series of digital and paper contents as a means to share the ideas developed throughout the exchange.

PROFILE OF THE PARTICIPANTS

1. PARTICIPANTS: 5 PEOPLE PER PARTNER

- Young people in the age between 18 and 25;
- Young people with fewer social and economic opportunities;
- Young people interested in graphic design and visual arts;
- Young people interested in creative and critical writing.

2. GROUP LEADER: 1 PERSON PER PARTNER

- Youth workers;
- Previous experience in the field of youth and non-formal education;
- Group leaders can be over 30 years old.

COUNTRY	PARTICIPANTS	TRAVEL GRANT
former Yugoslav Republic of Macedonia	6 (5 participants + 1 Group Leader)	360.00 € per person
PORTUGAL	6 (5 participants + 1 Group Leader)	275.00 € per person
ITALY	6 (5 participants + 1 Group Leader)	275.00 € per person
SPAIN	6 (5 participants + 1 Group Leader)	0.00 € per person
FINLAND	6 (5 participants + 1 Group Leader)	530.00 € per person

HOW TO PREPARE YOURSELF FOR THE EVENT

- ❖ Prepare yourselves for the intercultural evening – present your country, your national customs and traditions ☺
- ❖ Fill in the **REGISTRATION FORM** <https://goo.gl/forms/IfieUTTzIzCSAYTC3> and submit it on time.
Deadline: **14th October 2018** ☺
- ❖ Send to hosting@cazalla-intercultural.org (in advance) your travel itinerary ☺
- ❖ If necessary, further information will be given to you by the facilitators;
- ❖ Take with you anything that could make the evenings and leisure time funny and chill: music instruments, games, playing cards, etc. We are here to learn and to have fun ☺
- ❖ Take with you your own toiletries and towels ☺
- ❖ Join our FACEBOOK group, introduce yourself and check it regularly.



VENUE OF THE EVENT

Lorca is a beautiful small town in the South-East of Spain. It is called "The city of the sun" because it is usually very sunny here. Check the weather forecast [here: https://www.worldweatheronline.com/lorca-weather/murcia/es.aspx](https://www.worldweatheronline.com/lorca-weather/murcia/es.aspx)

The Youth Hostel is 20 mins away from the city centre. On the first floor of the building is situated our working space (Cazalla's offices and Lorca Youth Council). On the second floor is the Youth hostel.

@ the YOUTH HOSTEL...



This youth centre is inspired by TV series ☺ The participants will sleep in rooms based on Breaking Bad, Game of Thrones, The Big Bang Theory, etc. We want everyone to feel comfortable and to have fun ☺

All participants will be accommodated in rooms for 4 people. There are 3 bathrooms with showers (1 for women, 1 for men and a mixed one only with toilets). There are no private bathrooms in the rooms. The hostel provides the bedding but there are no towels. There is WIFI in the hostel. We recommend the participants to bring with them all printed materials they

may need. Otherwise there is a copy centre near our hostel. **Smoking and drinking alcohol are not allowed anywhere on the hostel premises.** There always will be someone from the coordinators' team in the hostel and at the participants' disposal during their stay. **However the hostel does not provide a 24-hour reception therefore all participants have to inform us in advance for their exact date and time of arrival in Lorca.**

Breakfast, lunch and dinner are provided by the Youth hostel. **The participants will declare their special needs (food allergies and preferences) in the registration form.**

HOW TO GET TO LORCA, SPAIN

Please **DO NOT** fly to or from Murcia airport, the connections are REALLY bad!

I. From Alicante Airport to Lorca (Murcia)

When you buy your airline ticket please bear in mind not to arrive at Alicante after **8:15 pm** or departure from Alicante before **11:00 am**.

Option 1. Upon your arrival at Alicante airport take a bus to Murcia from the bus station on the top level of the airport. There are buses every 2 hours from 07:15 am to 9:15 pm. The trip takes 45 mins and costs around 6.00 €.



Once in Murcia take the bus #26A to get to the train station. There are trains from Murcia to *Lorca San Diego* (this is the first station of Lorca when coming from Murcia) every hour from 06:15 am to 10:15 pm. The trip takes one hour and costs around 6.00 €. You may also take the bus to Lorca from Murcia's bus station but the bus station at Lorca is 2 km away from the Youth hostel. For further information please check <http://www.renfe.com/viajeros/cercanias/murciaalicante/index.html>.

Option 2. Take a C6 city bus from the airport and ask the driver to tell you when you arrive at San Gabriel's stop. The price of the bus ticket is 3,85 euros. When you get there take a train (Cercanias) to Murcia, then transfer to another local train to Lorca. At San Gabriel train station you must buy a direct ticket to Lorca or you can buy the ticket also on the train. The price of the ticket is 5,75 euros

Option 3. By the city bus you can go to Alicante's bus station and take a bus to Lorca. There are very few buses and you mostly need to buy the ticket in advance on www.alsa.es. Note that the last bus leaves at 9:45 pm and the first one at 03:30 am.

II. From MADRID BARAJAS AIRPORT to Lorca (Murcia)

BY BUS: There are direct busses (ca. twice a day) from Terminal 4 to Lorca. The ticket costs around 35.00 € and the trip takes 6,5-7 h. You can also catch a bus from one of the bus stations, Estación de Autobuses – Estación Sur. In order to get there take metro (pink line) until the end (Nuevos Ministerios) and then change to the grey line going to Mendez Alvaro. To check the bus schedule go to www.alsa.es. You can also purchase tickets online in www.movelia.com.

BY TRAIN: Take the metro from the airport to Madrid Chamartín train station (you will have to change the lines twice or three times). Then take a train to Murcia. In Murcia you can get the ticket to Lorca San Diego for free in the ticket machines with the code written on the ticket from Madrid to Murcia (“Combinado Cercanías”). The ticket costs between 38.00 € and 47.00 €. To check the train schedule visit please www.renfe.es. If you decide to travel by train, we advise you to buy the ticket in advance (online) as the Madrid-Murcia connection is very popular and trains are usually full! You can download the

Madrid metro plan from here www.metromadrid.es. Please keep in mind that in order to arrive to Lorca THE SAME DAY, you should be at the airport by **3:00 pm**, not later, to catch the train at 16:30.

III. From VALENCIA AIRPORT to Lorca (Murcia)

BY TRAIN: Take the metro from the airport to Valencia Estació del Nord train station (ticket costs around 4,90 €). There take a train to Murcia del Carmen (tickets between 20-40.00 €). The trip takes 3-3,5h. After arriving at Murcia, buy a ticket to Lorca San Diego (first train station). You can get it from the ticket machines inside the train station (“Cercanías”) and it costs 5,60 €. The train ride takes ca. 50 minutes. To check train schedule go to www.renfe.com.

BY BUS: Take the metro from the airport to Valencia bus station and take a bus to Murcia (17,59 €). The trip takes 3-5,5h. To check the bus schedule go to www.alsa.es. You can also purchase tickets online.

IV. From BARCELONA AIRPORT to Lorca (Murcia)

Take a bus from the airport to Plaza de España. It costs 2.00 €. When you get there take the bus to Barcelona Sants station (Sants Estacio), which also costs 2.00 €. You can also take the metro, which is very near the bus station. The bus and the metro will take you straight to the train station. The train ticket to Lorca costs 58.00 €. There is a possibility to book it beforehand and it should be cheaper.

Bear in mind that on the train from Murcia to Lorca there is no written or audio system that announce the names of the train stations. When you come by train you must get off at Lorca San Diego train station. Below you can find the itinerary of the train from San Gabriel to Lorca San Diego.



C-1 Murcia del Carmen - Alacant T.

C-2 Murcia del Carmen - Águilas

C-3 Alacant T. - Sant Vicent Centre

* Sin servicio de viajeros

P Parking en la estación

Conexión con Bus interurbano

Conexión con Bus urbano

FREQUENTLY ASKED QUESTIONS

BUYING LOCAL TRANSPORT TICKETS

You need to buy train/bus tickets in advance (except for Renfe Cercanías). Usually tickets are sold out very fast (especially from Madrid Airport to Lorca). Please buy the tickets through MOVELIA www.movelia.es, as other websites sometimes do not accept international cards.

ACCOMMODATION AND FOOD

The Erasmus+ Programme provides accommodation and food. If you have any allergies please let us know in the Registration form, so we can make your experience as enjoyable as possible.

VISA AND INSURANCE

We kindly ask the European participants and non-EU participants to take care of the health insurance for both travel and stay during the Youth Exchange. Otherwise, any expenses for medical care in Spain will be considered as personal costs of the participants. Cazalla Intercultural will not reimburse the participants for any medical costs. We strongly recommend to bring with you your European health insurance card or for participants outside

the EU - a travel insurance (more info here <http://ec.europa.eu/social/main.jsp?catId=559>)

CAN I STAY LONGER?

The project envisages 21 October as an arrival date and 30 October – departure date. If you want to stay more than 2 days before and/or after the Youth Exchange the Project will not cover your travel costs, your accommodation and food costs. Please inform us before buying the tickets.

REIMBURSEMENT

All partners will receive the exact amount of money the participant has paid for their journey to Lorca. However, this sum must not surpass the max amount of the Travel Grant defined by the European Commission (see p. 2). All participants should keep their boarding passes/bus/travel tickets, etc. and upon arrival to give them to Cazalla's Coordinator. Upon return to their home country all participants have to post the

original travel documents till 30 November 2018 to:
Cazalla Intercultural, Apdo
02, 30800 Lorca (Murcia),
Spain.

HOW TO GET THE REIMBURSEMENT?

Only participants who attend at least 80% of the programme of the Youth Exchange are entitled to reimbursement of their expenses. Bear in mind that the Project allows the participant to arrive for the Youth Exchange up to 2 days before its beginning and up to 2 days after its ending.

WHAT CAN I DO IF I CANNOT BUY THE TICKETS IN ADVANCE?

Please contact us and we will try to help you. Do not risk travelling without tickets.

ARE TAXIS, RENT CARS OR CARPOOLING ACCEPTED AS A MEANS OF TRANSPORT?

Even though the Erasmus+ Programme is quite flexible in terms of how you travel, we recommend using the traditional means of transportation, such as airplanes, trains, busses. Otherwise, please inform us in advance for your travel intentions so we can discuss your options and necessary papers for reimbursement.



CAZALLA INTERCULTURAL

CENTRO DE FORMACIÓN Y RECURSOS JUVENILES M13

CONTACTS:

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Tel. number: +359887583178 (incl. WhatsApp and Viber 😊)

Address: Calle Antonio Pelegrín Medina, 14 Lorca (MURCIA). Centro de formación y recursos juveniles M13 (junto al campus universitario de Lorca)

