

Singing with the Wolf II

ACTION:

Erasmus+ KA1 – European Voluntary Service

COORDINATING ORGANISATION:

CEMEA del Mezzogiorno onlus

HOSTING ORGANISATION:

Cantalupo in Sabina Municipality

WHERE:

Cantalupo in Sabina, Italy

DURATION:

9 months

DATES:

The EVS project will start within the first 7 days of September 2016

GENERAL PROJECT:

The volunteer will be part of different project teams that implement the socio-educational and cultural activities promoted by the Municipality of Cantalupo in Sabina through the Department of Social Affairs and Environment and the Department of Culture, Sport and Tourism, in cooperation with the voluntary organizations and training agencies in the area, with a synergy of action for the development of the local community and the inclusion of vulnerable groups. Thanks to the variety of services offered, personalized learning paths will be designed, sometimes individual sometimes joint, linked as possible to the learning objectives and interests of each volunteer.

The volunteer will have the opportunity to **combining different areas of intervention, according to his/her interests and skills:**

- **SOCIAL AND SOLIDARITY SERVICES in support of disadvantaged people, with a focus on the elders.** The volunteer will participate in cooperation with the Italian volunteers of the “Servizio Civile” (Civic Service) in the empowerment of elderly services: he/she will cooperate in the improvement of elders live, such as helping them in daily routine, fostering their independence, implementing convivial moments and sustain the counselor’s office for elderly.
The volunteer could also assist operators in the actions related to the **Food Bank**, the **Association “Donneinrete”** (“Women in network”) and **services for people with disabilities**. So he/she could join the team to help in the distribution of products and basic necessities for needy families (Food Bank), as well as support the counselling point for women victims of violence (Association Donneinrete), and/or operate in services for disabled (such as providing help in mobility services to the accompaniment of disabled children in school).
- **LEISURE TIME ACTIVITIES for different types of users: elders, youngsters, children, adults.** The “**Casa del Cittadino**” (“House of the Citizen”) in Cantalupo is a structure created by the municipality in which there are different services and meeting points for citizens, including the youth association, the elderly center and the municipal library. This space has a bar, a gazebo with a small

garden, an outdoor theatre for concerts and performances, a room for recreational activities and a dining hall with an attached kitchen, used for informal meetings among citizens. Therefore the volunteer will be involved into the “Casa del Cittadino” to support the activities already present and/or design and implement new activities for users who frequent this space.

- **TOURIST AND CULTURAL PROMOTIONAL ACTIVITIES.** The volunteer will be part of the team that deals with the **promotion of the territory**, art and culture, also supporting the organization, communication and realization of cultural **events** and recovery of local traditions.

SUPPORT

In order to ensure the quality of personal support for the volunteer, **CEMEA del Mezzogiorno** will provide a **mentor** that will constantly support the volunteer during the EVS experience, and will go with him/her through the achievement of his/her learning process consciousness. A cooperative relationship will be established with the **supervisor of Cantalupo in Sabina Municipality** as referent person for the hosting service, who will take care of the volunteer’s integration in the work team and will be his/her guide through the developing of the tasks given. In the first period after the arrival, once per week the mentor will meet the volunteer in Cemea del Mezzogiorno office in Rome, discussing how the EVS project is going on. Time to time during the project the mentor will visit the volunteer on the service venue in order to put in condition the volunteer to show and share which is his/her everyday involvement in the local reality. Normally in this meeting also the supervisor will be present. A mid-term evaluation meeting and a final one are normally planned with the volunteer, the supervisor and the mentor in order to analyse together the ongoing process of learning of the volunteer and his/her impact in the local reality.

VOLUNTEERS INVOLVED in Singing with the Wolf II

2 volunteers. 1 from Germany and 1 from Portugal.

MONTHLY ALLOWANCE

The volunteer will receive, as established by Erasmus+: Youth in Action KA1 – European Voluntary Service, a pocket money of 115 euro in cash at the beginning of each month

BOARD

The volunteer will receive 50 euros in cash each week for food provisions, cooking by him/herself.

LODGING

The volunteer will stay in a room in the youth hostel belonging to the Municipality of Cantalupo in Sabina. The Hostel offers double rooms with private bathroom, use of a common kitchen and a spacious common place for free time. It has a central position been right in the heart of the town.

LOCAL TRANSPORT

The volunteer will receive a monthly card allowing him/her to use all the public means of transportation from the project venue (train) and within the metropolitan area of Rome (metro, tramway and bus).

ORGANISATION OF THE TRAVEL

Following the rules of the User Guide for Erasmus+: Youth in Action KA1 – European Voluntary Service, the European Commission (EC) established that the contribution for travel costs depends on travel distances and it must be calculated using the distance calculator provided at:

http://ec.europa.eu/programmes/erasmus-plus/tools/distance_en.htm

Travel costs are eligible from the volunteer's country of origin to the venue of the activity and return (1 round trip only), up to the limit of the amount established by the distance calculator. The costs exceeding the contribution of Erasmus+ will be covered by the volunteer.

OPTION 1:

The Sending Organisation will be in charge of buying the round travel tickets agreed with the Coordinating Organisation, that will reimburse the cost immediately after the arrival of the volunteer(s). The Coordinating Organisation will transfer to the Sending Organisation up to the amount established by the distance calculator and the Sending Organisation will be in charge of collecting from the volunteer the possible part not covered by the contribution allowed.

OPTION 2:

The volunteer will buy directly the round tickets and he/she will receive a reimbursement from the Coordinating Organisation up to the maximum amount established by EC in 2 tranches: the first one, corresponding to the coming tickets' cost immediately after the arrival in the hosting country, the second one after the end of the project, one time that he/she would have provided to the Coordinating Organisations all originals for the way back trip.

LANGUAGE COURSE

Erasmus+:Youth in Action KA1 – European Voluntary Service foresees, only for volunteers hosted for more than 2 months in Italy (Spain, France, Germany and United Kingdom) an **ON LINE LINGUISTIC SUPPORT**. Costs for providing language courses to the volunteer are not eligible.

CEMEA del Mezzogiorno considers the support through a language training course of Italian for strangers fundamental, so it takes the decision to provide anyway this opportunity to the volunteer, that is expected to actively participate to it.

EVS TRAINING CYCLES

The volunteer will take part to all activities foreseen in the EVS training and evaluation cycle in the hosting country and to the EVS annual meeting one time he/she came back from the project, organized by the sending and hosting National Agencies

SPECIAL REQUIREMENTS, RULES AND RECOMMENDATIONS

Two complete days per week are free, normally Saturday and Sunday, even if some activities, especially after the first period of integration can be developed in week end. If so, the hosting team and the volunteer will plan this exceptions in advance and will choose together another complete free day, immediately in the week that follows the event.

The volunteer has the right to have 2 free days per month of service but they have to be jointly scheduled with the mentor and the supervisor; in the total amount of free days the volunteer has to take into consideration the possible closing periods of the hosting service.

The accommodation provided in Cantalupo in Sabina is a Hostel, following all the commercial rules established by the Italian law. Any external host has to be declared and registered to police authority. If available, it is possible to provide an extra room for the period of the visit, according a reduction on the official room charge of the hostel. In all cases the visit has to be agreed with the supervisor and communicated with a large notice in advance. As said the hostel is open to public guests therefore the volunteer must take good care of her/his room as well as the common areas shared with hostel guests. The volunteer will respect silence time as indicated by the hostel and town regulation as sign of respect for the other guests. Volunteer will follow the recycling collection scheme as indicated by the local Municipality.